

## **Bower Hill Lunch Menu**

## September 2019

No School

**Labor Day** 

Personal Pizza

Bacon Cheeseburger Popcorn Chicken Salad Breakfast Muffin Pack

CHOCOLATE PUDDING DESSERT

Baked Beans Diced Pears

**Doritos Walking Taco** Italian Cheese Dunkers

Popcorn Chicken Salad Breakfast Muffin Pack

Corn Strawberries

French Toast Sticks & Sausage

Grilled Cheese Popcorn Chicken Salad Breakfast Muffin Pack

Seasoned Carrots Applesauce

Pasta w/ Meatballs

Chicken Nuggets/Breadstick Popcorn Chicken Salad Breakfast Muffin Pack

Peas & Carrots Diced Peaches

Meatball Hoagie

Mini Corn Dogs w/ Crackers Ham Chef Salad Turkey Hoagie

French Fries Fruit Cocktail

Bruschetta Pizza

Cheeseburger Ham Chef Salad Turkey Hoagie

CHOCOLATE PUDDING DESSERT

**Baked Beans Diced Pears** 

fuel

**Doritos Walking Taco** 

Hot Doa Ham Chef Salad Turkey Hoagie

Corn Strawberries

Pancakes & Sausage

Grilled Cheese Ham Chef Salad Turkey Hoagie

Hash Brown **Applesauce** 

Chicken Parm w/Pasta

Chicken Nuggets/Breadstick Ham Chef Salad Turkey Hoagie

Seasoned Carrots Diced Peaches

16

**Chicken Mashed Potato Bowl/Mini Soft Pretzel** 

Popcorn Chicken w/ Roll Chicken Caesar Salad Ham Hoagie

Seasoned Peas Mandarin Oranges 17

Pizza Hut Pizza

Philly Cheesesteak Chicken Caesar Salad Ham Hoagie

Campfire Pinto Beans Diced Pears

18

**Nachos Grande** 

Hot Dog Chicken Caesar Salad Ham Hoagie

Corn Grapes 19

Waffles & Sausage

Ham & Cheese Melt Chicken Caesar Salad Ham Hoagie

Cauliflower Apple Slices 20

Pasta w/ Meatballs

Chicken Tenders/Roll Chicken Caesar Salad Ham Hoagie

Seasoned Carrots Diced Peaches

23

General Tso's & Rice

Mini Corn Dogs w/ Goldfish All American Chef Salad Chicken Ranch Wrap

Tater Tots Fruit Cocktail 24

Cheese Pizza

Cheeseburger All American Chef Salad Chicken Ranch Wrap

CHOCOLATE PUDDING DESSERT

Baked Beans **Diced Pears** 

25

**Chicken Soft Tacos** 

Italian Cheese Dunkers All American Chef Salad Chicken Ranch Wrap

Corn Strawberries 26 National Pancake Day

Pancakes & Sausage

Grilled Cheese All American Chef Salad Chicken Ranch Wrap

Steamed Broccoli Applesauce

27

Sausage/Egg/Cheese Bagel Melt

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Green Beans Diced Peaches

30

Pizza Sticks & Sauce

Boneless BBQ Wings Grilled Chicken Salad Italian Hoagie

French Fries Mandarin Oranges





Just like September is the start of the new school year, breakfast is the start of a healthy day! Try eating breakfast before school starts!

**Daily Features:** 

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt Chicken Patty Sandwich SunButter & Jelly Sandwich Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



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